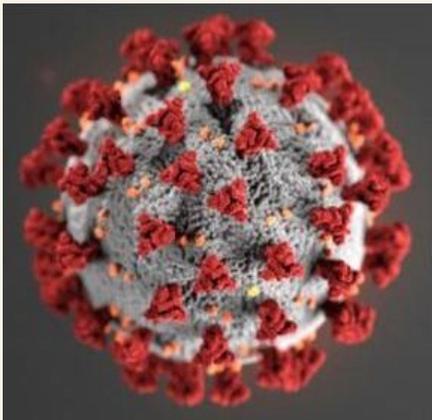




[View as Webpage](#)



SPRING 2020 NEWS

This has already been a year for the history books, but SCDAAM-I is providing you with news and information to help get through today. In this edition: Reach out through our COVID-19 needs assessment, learn about our SAFER emergency room initiative, let us help you find a physician, and it's time to get ready to walk. Read on!

Visit our new website with special sections for Patient Support, COVID-19 resources, and Sickle Cell 911. You can even leave us a testimonial. www.scdami.org

Is the COVID-19 pandemic stretching your resources? Reach out!

COVID-19 has placed immense strain on Michigan's resources and, especially, on many of the individuals we serve. The SCDAAM-I would like to know how you're doing during this unprecedented time. We'd like to hear from those of you who need additional assistance right now – or if you know someone with sickle cell who could use our help. To do this, we need to gather information to help us determine how we can best allocate our limited direct resources and to connect patients to other needed services. If you're interested, please **complete this 5-minute survey** covering mental/emotional, financial, medical and educational needs **before midnight April 24, 2020**.

SURVEY DISCLAIMER: *This survey is voluntary, and will be used to assist the SCDAAM-I with identifying any unmet needs our clients may be experiencing during this COVID-19 crisis. Your personal information (name, phone number, address, birthdate, etc.) will not be shared with any outside source, and it will not be misused or made public.*



SAFER launches to help sickle cell patients receive proper ER care

I'm experiencing a sickle cell emergency requiring immediate, specialized treatment. I've been encouraged to share this card to help support you in my care.

Name _____
SCD Type _____
Baseline Hemoglobin _____
Physician _____

ACCESS CURRENT CLINICAL PRACTICE GUIDELINES FROM NIH NHLBI / CDC / ASH AT scaami.org/SickleCell911

EXPERT GUIDANCE FOR:
vaso-occlusive crises/pain episodes
● fever ● acute complications
● administering opioids ● primary care
COMPILED COURTESY OF Sickle Cell Disease Association of America — Michigan Chapter

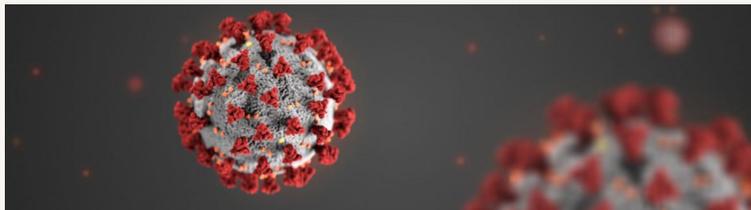
PER NIH NHLBI GUIDELINES, WITHIN 30 MINUTES IN THE ED:
STOP the pain. Appropriate levels of narcotics are essential! Pain = vaso-occlusion: tissue anoxia and damage
ADMINISTER appropriate amounts of IV fluids. IV fluids treat and prevent dehydration.
FEVER requires immediate blood cultures and IV antibiotics to treat possible bacterial sepsis.
EXECUTE the guidelines. Prevent organ damage, stroke, and other life-threatening complications.
(R)EDUCE morbidity associated with inadequate acute sickle cell care.
Keep sickle cell patients **SAFE(R)**! ACCESS NIH NHLBI /ASH/CDC GUIDES scaami.org/SickleCell911

SCDAA-MI launched a new initiative designed to help advance the care and well-being of individuals living with sickle cell disease. The initiative, known as SAFE(R), provides medical professionals with quick access to an online portal at [SCDAAMI.org/SickleCell911](https://scaami.org/SickleCell911) that provides clinical practice guidelines for sickle cell established by the National Institutes of Health, sickle cell-specific opioid guidance from the Centers for Disease Control, as well as best practices and recommendations from the American Society of Hematology and other leading experts in sickle cell treatment. Central to the SAFE(R) Initiative is the wallet-sized **Sickle Cell 911/SAFER card**, which directs

providers to the SAFE(R) site at [SCDAAMI.org/SickleCell911](https://scaami.org/SickleCell911). In addition to guidelines, recommendations and best practices, the medical professional-focused pages also provide educational resources about the disease and its potential complications.

Sickle cell patients are advised to carry the SAFER card with them and present it when they need emergency care – whether at home or away. Patients and caregivers have shared stories about ED providers resorting to the internet or medical journals to find information about treating the disease. The SAFE(R) initiative puts that information at providers' fingertips in an easily accessible and usable format, hopefully saving crucial acute care time that in turn leads to saving lives.

SCDAA-MI is here to provide accurate information about COVID-19



We know there's a lot of information floating around about coronavirus/COVID-19 right now. While you're staying at home, sanitizing, stocking up, trying to manage your anxiety, handling any every day pain - and now - probably worried about catching the virus, too, we're here to help:

- 1) Looking for info?** Visit scaami.org/coronavirus. You'll find links to sickle cell care guidance from SCDAA, unemployment info, food resources, current statistics, and more.
- 2) Download your SAFER card**, patient recommendations and provider guidelines at scaami.org/patient-support. These tools and resources give you and your medical providers specific guidance on protecting yourself from the virus and treatment if you get sick.
- 3) Have you tested positive for COVID-19?** Or do you have a cough with a fever? MICHIGAN WARRIORS ONLY PLEASE: You can call Dr. Z (Dr. Ahmar Zaidi) at 248-797-9936 or Dr. Mike (Dr. Mike Callaghan) at 248-953-5250 for assistance. Please respect the docs' time and dedication and only reach out to them if you're diagnosed with Coronavirus or have a cough + fever. We appreciate them being available to the community this way.

For assistance with getting health insurance, a primary care physician (PCP), hematologist, or help navigating any other services:

Email us at info@scaami.org or call:
Detroit/Southeast Michigan 313-864-4406 or 800-842-0973
Caseworker at the DMC adult clinic: (313) 613 7327
Jackson/Lansing Area: (517) 394-7397
Saginaw/Flint Area: (989) 755-7752
Benton Harbor/Kalamazoo Area: (269) 927-5629
Grand Rapids/Muskegon Area: (616) 243-1868

IMPORTANT: Warriors outside of Michigan can still access and use the info provided at scaami.org/patient-support. Those resources are created for all individuals with sickle cell. However, we encourage you to contact your local community-based sickle cell organization for location-specific information on services, etc. You'll find a listing [here](#).

Follow the docs on Twitter: Dr. Shurney @whittenshurney, Dr. Z @drzsicklecell and Dr. Mike @hemagineer.



It's time to get ready for the 2020 Sickle Cell Matters Walk!

Registration for our 2020 Sickle Cell Matters Walk is open at www.scaami.org/2020walk.

Join us Saturday, Sept. 19, 2020 at the Charles H. Wright Museum of African American History from 9 a.m. – noon. Our 2020 Walk features a special Warriors-only performance, a salute to our Legacy Warriors (ages 50 and up), voter registration, and all the prizes, giveaways and fun you've come to expect plus more.

Times are uncertain, but one thing's for sure: The need to keep our cause in front of the world has never been greater. COVID-19 has brought new attention to medical inequity. We'll stay on the front lines today and in the future. **Register now.** #togetherapart #sicklecellmatterswalk

IMPORTANT CLINIC NEWS: The adult sickle cell clinic at DMC has reduced its hours in response to the COVID-19 pandemic.

Current hours are Mondays and Wednesdays ONLY, from 8:30 a.m. – 4:30 p.m. Patients will need to call (313) 745-2554 and leave a message to schedule an appointment. Someone will call you back. E-scripts and telemedicine aren't available at the clinic yet, and refills will only be provided to patients who are seen. (Testing will still be required.) So, if you need an immediate medication refill, please contact your primary care physician or hematologist.

IF YOU DO NOT HAVE A PRIMARY CARE PHYSICIAN NOW IS THE TIME TO GET ONE! Not only should you have a PCP for your routine healthcare, you'll need one in order to access COVID-19 testing should you need it. For a list of Detroit area medical offices and providers currently accepting new patients (insured and uninsured), [click here](#).

If you have questions or need additional assistance securing insurance and/or a PCP, please contact our caseworker at the adult clinic at (313) 613 7327.



Do you need a doctor?

The City of Detroit and the Coronavirus Community Care Network want to ensure all residents have access to testing. [Click here](#) for a list of doctors accepting new patients today in the City of Detroit.

The benefits of Vitamin D



Vitamin D is a **nutrient** found in some foods that is needed for health and to maintain strong bones. It does so by helping the body **absorb calcium** (one of bone's main

SUMMER CAMP HAS BEEN CANCELLED

(Click image to read the full notice)

Important Notice from North Star Reach Camp:

As a medical camp that serves children with serious illnesses, the safety of campers, staff, and volunteers is our top priority. In light of the rapidly changing federal and state health and safety mandates to control the spread of the coronavirus, as well as the impact on healthcare resources surrounding this pandemic, we have made the incredibly difficult decision to cancel North Star Reach's spring and summer camp programs.

There are many key factors in our decision to cancel our programs. Camper safety and health comes first in all of our decisions. We do not know when this pandemic will end, nor do we know how high the risk is for our campers. The reality that the critical healthcare resources urgently responding to the pandemic are also vital for the ongoing medical needs of our campers during "normal" times. We believe that the medical supplies routinely needed at camp may not be available due to present heavy demands by hospitals and interruptions in supplier manufacturing across the globe.

We want to thank you so much for always advocating for camp and keeping us in the back of your mind when dealing with patients and families. **Our team is already working on some creative ways to deliver camp programming.** We don't exactly know what that looks like yet, but we may be reaching back out to you with different opportunities! We intend to serve as a hub of support for our camp community and beyond during these challenging times.

We recognize you are all devoting extra time to be of service during this pandemic. We understand that the current necessary increase in hours and loss of time off of doctors, nurses, child life professionals, and others in the healthcare field is taking a toll on everyone's lives. North Star Reach sends our gratitude and a HUGE thank you for all you are doing on the front line of this pandemic!

We will be in touch in the future! In the meantime, stay safe, positive and healthy!

Rachell Catrell
Camper Recruiter
www.northstarreach.org
rachel@northstarreach.org
734.680.8747
734.961.4163 - fax

NorthStarReach
a seriousfun camp
FIND YOUR CAMP FIRE

Facebook, Pinterest, Twitter, YouTube icons

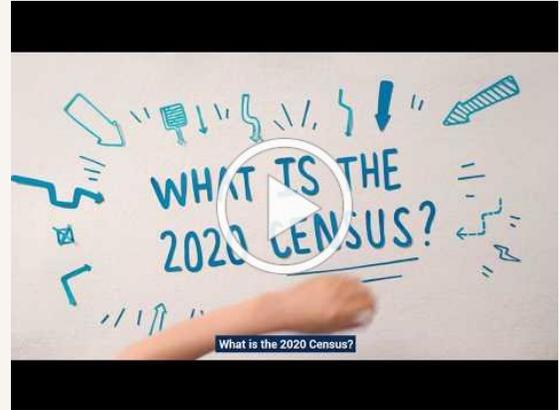
building blocks) from food and **supplements**. People who get too little vitamin D may develop soft, thin, and brittle bones, a condition known as **rickets** in children and **osteomalacia** in adults. Vitamin D is important to the body in many other ways as well. Muscles need it to move, for example, **nerves** need it to carry messages between the brain and every body part, and the **immune system** needs vitamin D to fight off invading **bacteria** and **viruses**. Together with **calcium**, vitamin D also helps protect older adults from **osteoporosis**. Vitamin D is found in **cells** throughout the body." (Source: *National Institutes of Health Office of Dietary Supplements*)

Healthier eating tips from the American Heart Association



We're sharing suggestions for healthier staples to stock up with while sheltering in place. **Learn more.**

HAVE YOU TAKEN THE 2020 CENSUS?



Data gathered from the 2020 Census will help inform funding decisions for school lunches, infrastructure, first responders and more. Your answers are confidential and there are no citizenship questions. Take 10 minutes to **answer the census today.**

Thank you to our recent donors and everyone's who's hosted a Facebook fundraiser for us.

Recent funders:
Global Blood Therapeutics
Sickle Cell Disease Association of America

Recent donors:
Zhi Li
Alexus Lollie

Facebook Fundraisers:
LeAnne Banks
Faith Barkley
Randi Cathey
Stephanie Crider
Versetta Brown Eaddy
Michelle Slater
Mike Young

You can host a Facebook fundraiser for us, too. **Click here for the easy instructions.** Your donations help with education, outreach and advocacy. Every dollar counts in this quest to cure sickle cell.



LEARN MORE

Podcasts

Cheat Codes: A Sickle Cell Podcast
Sickle Cell 101

Online Sickle Cell Communities

oneSCDvoice was created with the vision of empowering those impacted by sickle cell disease through facilitating access to information and support from the sickle cell disease community.

Generation S is encouraging those who live with sickle cell disease to share their experiences. Together, we're turning the page on the silence surrounding sickle cell disease.

FOLLOW US

