

I'm experiencing a sickle cell emergency requiring immediate, specialized treatment. I've been encouraged to share this card to help support you in my care.

Name \_\_\_\_\_  
SCD Type \_\_\_\_\_  
Baseline Hemoglobin \_\_\_\_\_  
Physician \_\_\_\_\_

**ACCESS CURRENT CLINICAL  
PRACTICE GUIDELINES FROM  
NIH NHLBI / CDC / ASH AT  
[scdaami.org/  
SickleCell911](http://scdaami.org/SickleCell911)**

**EXPERT GUIDANCE FOR:**  
vaso-occlusive crises/pain episodes  
● fever ● acute complications  
● administering opioids ● primary care

**COMPILED COURTESY OF Sickle Cell Disease  
Association of America — Michigan Chapter**

**PER NIH NHLBI GUIDELINES, WITHIN  
30 MINUTES IN THE ED:**

**S****TOP the pain.** Appropriate levels of narcotics are essential! Pain = vaso-occlusion: tissue anoxia and damage

**A****DMINISTER appropriate amounts of IV fluids.** IV fluids treat and prevent dehydration.

**F****EVER requires immediate blood cultures and IV antibiotics** to treat possible bacterial sepsis.

**E****XECUTE the guidelines.** Prevent organ damage, stroke, and other life-threatening complications.

— **YOU CAN** —  
**(R)****EDUCE morbidity** associated with inadequate acute sickle cell care.

 *Keep sickle cell patients **SAFE(R)**!*  
**ACCESS NIH NHLBI /ASH/CDC GUIDES  
[scdaami.org/SickleCell911](http://scdaami.org/SickleCell911)**